

South Whidbey Fire/EMS (SWFE)

November, 2023

NEWSLETTER



SOUTH WHIDBEY FIRE/EMS INVITES YOU TO
OUR ANNUAL

SANTA SLEIGH

A red Santa hat with white fur trim is positioned to the left of the word "SANTA". To the right of the word "SLEIGH" is a silhouette of Santa Claus in his sleigh, pulled by reindeer, flying across the sky.

Come say hello to your SWFE
Firefighter/EMTs and meet Santa!

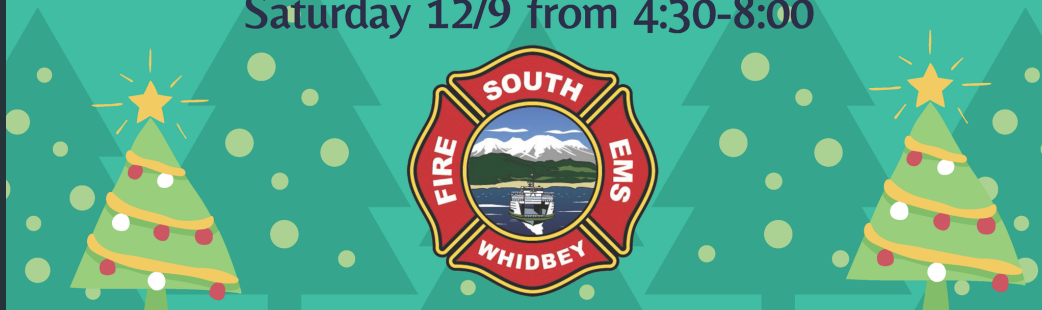
Toys for Tots donations accepted!



Thursday 12/7 from 5:30-8:00

Friday 12/8 from 5:30-8:00

Saturday 12/9 from 4:30-8:00



At our Bayview Station
5579 Bayview Rd
Langley, WA 98260



BE FIRE SAFE IN THE KITCHEN!

With the holidays approaching, people spend more time in the kitchen cooking for family and friends. Did you know that cooking fires are the leading cause of home fires and home injuries? And the leading cause of fires in the kitchen is unattended cooking?

The good news is that most cooking fires and burns are preventable. Here are some tips to follow:

- Remain in your home while food is cooking.
- Set a timer to remind you that something's hot on the stove or in the oven.
- Keep anything that can catch fire – oven mitts, wooden utensils, food packaging, towels – away from the stove.
- Always follow manufacturer instructions for proper use of air fryers, slow cookers, electric skillets, hot plates, griddles, and other cooking appliances.
- Unplug all appliances when not in use.
- Create a “kid-free zone” of at least 3 feet around the stove and areas where hot food or drinks are.

If a small grease fire occurs on the stovetop, smother the flames by sliding a lid over the pan and turn off the burner. Leave the pan covered until the fire is completely out.

For an oven fire, turn off the heat and keep the door shut.

If you have any doubt about fighting a small fire, leave immediately and close the door behind you to help contain the fire. Call 911 from outside your home. These simple, but effective tips can prevent fires and keep your family safe in the kitchen this holiday season and all year round.

Here's some more content:

<https://www.usfa.fema.gov/downloads/pdf/publications/turkey-fryer-fire-safety-infographic.pdf>

(Actual SWFE kitchen fire, circa 2011)

and what not to do:

<https://www.youtube.com/watch?v=KJe8xFUztGU>

TRAINING

Be humble...

Keep your head down and grind...

Welcome to the family!



South Whidbey Fire/EMS volunteers are doing well in EMT academy and making huge strides in their knowledge, skills and abilities. Protocol testing for current EMT's is in full swing. SWFE has almost completed their testing and having good success. New protocols should be in full effect and swing soon. The Marine crew has been doing a great job with drills and having them regularly.

SWFE members will be having a rope rescue class this month and will be adding to the number of members qualified for rope rescue. Lt. McMahon attended the Arson and Public Education Conference in Eastern Washington. Firefighter Robert Husom finished at the Fire Academy as a Company Officer and did a great job leading the class!

Budgeting is almost complete and the training budget is looking full of training opportunities.

Once again be on the look out for the role out of Calm the Chaos.



Let's talk car seat safety!



Yes, autumn is here and it's time to enjoy wrapping up in a blanket, but not in a car seat. For proper harnessing, strap first then blanket on top. Reminder: No puffy coats under the harness.

3 most common car seat use mistakes:

- **Loose installation.**
- **Tether not used.**
- **Harness straps too loose.**



Schedule a free car seat check today, email carseats@swfe.org

Data provided by AAA Mountain West Group and the National Safety Council, 2022.

Speaking of AMAZING members, meet one of our own.
Many may know him, if you don't introduce yourself!

Meet Joseph Dilley:

- Who: Joey Dilley
- What: We moved to the Island in 2022 and are enjoying the island lifestyle.
- When: Active member since 2022
- Where: Administration, Training Division Chief
- What I want to add: I have been married to my amazing wife for 17 years and have two son's Jordan and Camden. I spend my nights coaching them in every sport endeavor their hearts can dream up.



We encourage anyone interested in becoming one of our AMAZING volunteer core members, to visit our website: <https://www.swfe.org/join-our-team>. Training is provided free of charge to any community member interested! South Whidbey Fire/EMS welcomes all applicants who will be considered regardless of race, color, national origin, creed, religion, sex, age (over 40), pregnancy, marital status, physical or mental disability, genetic information, gender identification, sexual orientation, gender identity or status as an honorably discharged veteran, or any other class protected by federal, state, or local law. Equal access to the hiring process, services, and employment is available to all persons. Applicants requiring accommodations to the application and/or interview process should email: operations@swfe.org

Questions, comments, want to know more?

Please be sure and check out

our website: swfe.org

or

Email: info@swfe.org

or

Call: (360) 321-1533

any of these options will put you in touch with the
right person!



www.swfe.org